

truMedic[®]
Products to Live Life Better[®]

Model: IS-7000



Your Personal Masseur

INSTASHIATSU⁺[®]

Chair Massager With Heat Instructions

INCLUDED IN BOX

- A. truMedic® InstaShiatsu+® Chair
Massager with Heat
- B. A/C Adapter



*Photos and drawings are for illustrative purposes only.



WARNING

PLEASE READ AND OBSERVE ALL SAFETY WARNINGS BEFORE USE AND KEEP THIS INSTRUCTION GUIDE HANDY.

- Always unplug the truMedic® InstaShiatsu+® Chair Massager from the electrical outlet immediately after use or before cleaning. Take care to completely turn off the massager before unplugging.
- Carefully examine the truMedic® InstaShiatsu+® Chair Massager cover before and after each use. Contact truMedic® for service if the cover shows any signs of deterioration such as cracking, fraying, or ripping.
- Do not use the truMedic® InstaShiatsu+® Chair Massager in any environment where it may become wet or moist such as a bathroom or sauna.
- Do not use the truMedic® InstaShiatsu+® Chair Massager if you are wet. If water comes in contact with the massager, unplug it immediately and discontinue use. Do not contact the plug if your hands are wet.
- If the power cord of the truMedic® InstaShiatsu+® Chair Massager is damaged, discontinue use and contact truMedic® for service.
- Do not insert any pins or sharp objects into the cover of the truMedic® InstaShiatsu+® Chair Massager. Doing so can damage the massager or cause personal injury.
- Only use this massager for its intended purpose, as outlined in this booklet. Additional parts should only be used at the recommendation of truMedic®.
- Do not use blankets or pillows while operating the truMedic® InstaShiatsu+® Chair Massager. This could cause overheating and potential injuries.
- Do not remove the truMedic® InstaShiatsu+® Chair Massager cover, doing so can damage the massager and lead to personal injury.

CAUTION



CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT.

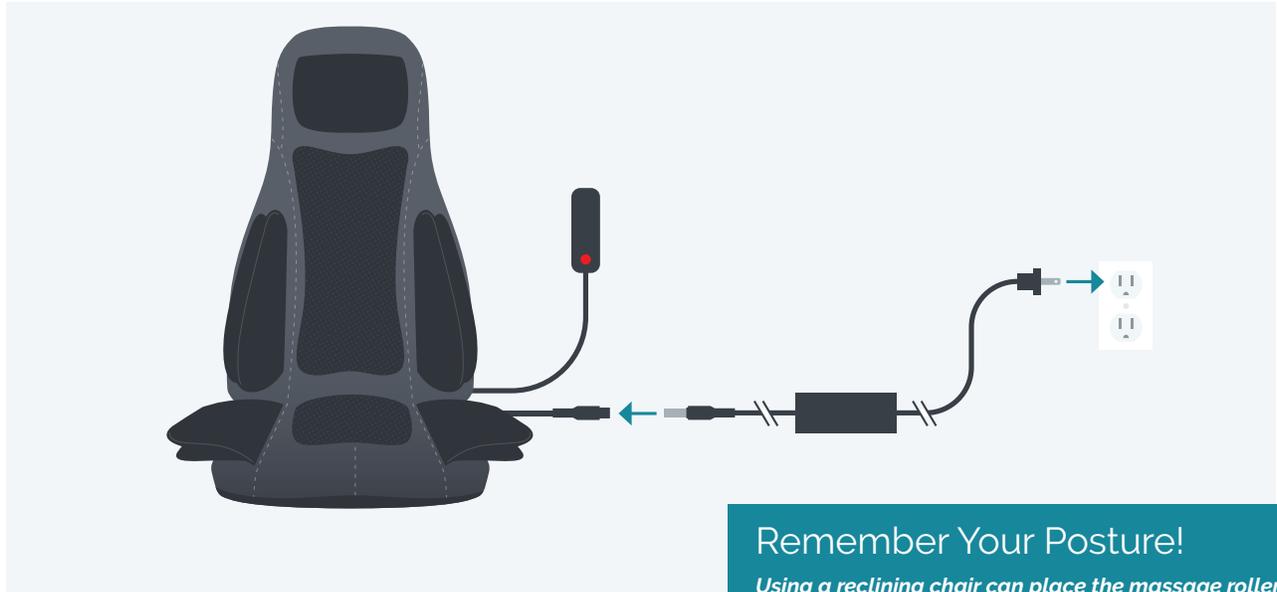
- The truMedic® InstaShiatsu+® Chair Massager is not a medical product and should not be used for any medical purpose.
- Children under the age of 8 or individuals lacking the mental or sensory capabilities to operate this product shouldn't do so without adult supervision.
- Consult your physician before using the truMedic® InstaShiatsu+® Chair Massager if you are pregnant, are susceptible to skin allergies or infections, are using a pacemaker or other implanted device, have joint damage, joint inflammation, or osteoporosis, or are being treated for any kind of physical injury.
- Do not use the truMedic® InstaShiatsu+® Chair Massager while under the influence of alcohol or certain medications such as sedatives.
- Do not use the truMedic® InstaShiatsu+® Chair Massager on sensitive areas of your body. Do not place your head, feet, or hands near the massage rollers.
- Do not use the truMedic® InstaShiatsu+® Chair Massager while sleeping.
- Discontinue use of the truMedic® InstaShiatsu+® Chair Massager if you experience any discomfort, and consult your physician.
- The heat function of the truMedic® InstaShiatsu+® Chair Massager is strong enough to cause damage to skin if instructions are not followed. Do not use the heat function for more than 20 minutes. Never directly expose your skin to the truMedic® InstaShiatsu+® Chair Massager when the heat function is used.
- Do not operate the truMedic® InstaShiatsu+® Chair Massager for more than 20 minutes at a time.



Features

The truMedic® InstaShiatsu+® Chair Massager delivers a wonderful shiatsu massage and can easily be placed on your favorite chair. Relax and sit back as the truMedic® InstaShiatsu+® Chair Massager relieves tension in your upper back, lower back, neck, and shoulders. Customize your massage experience and target specific spots that need relief, or turn on heat for extra comfort and relaxation. With so many different combinations of massage settings on the easy to use remote, you'll be sure to find the perfect way to relax and unwind after a long day.



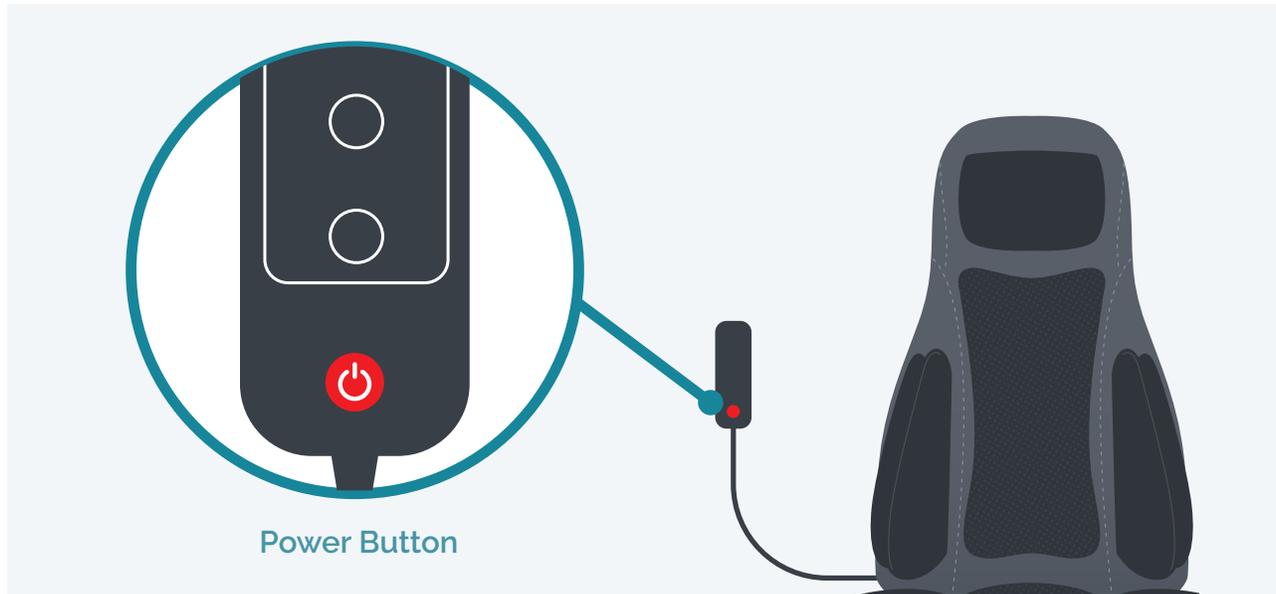


Remember Your Posture!

Using a reclining chair can place the massage rollers into awkward positions. Make sure you sit up straight so you can get the most comfortable experience.

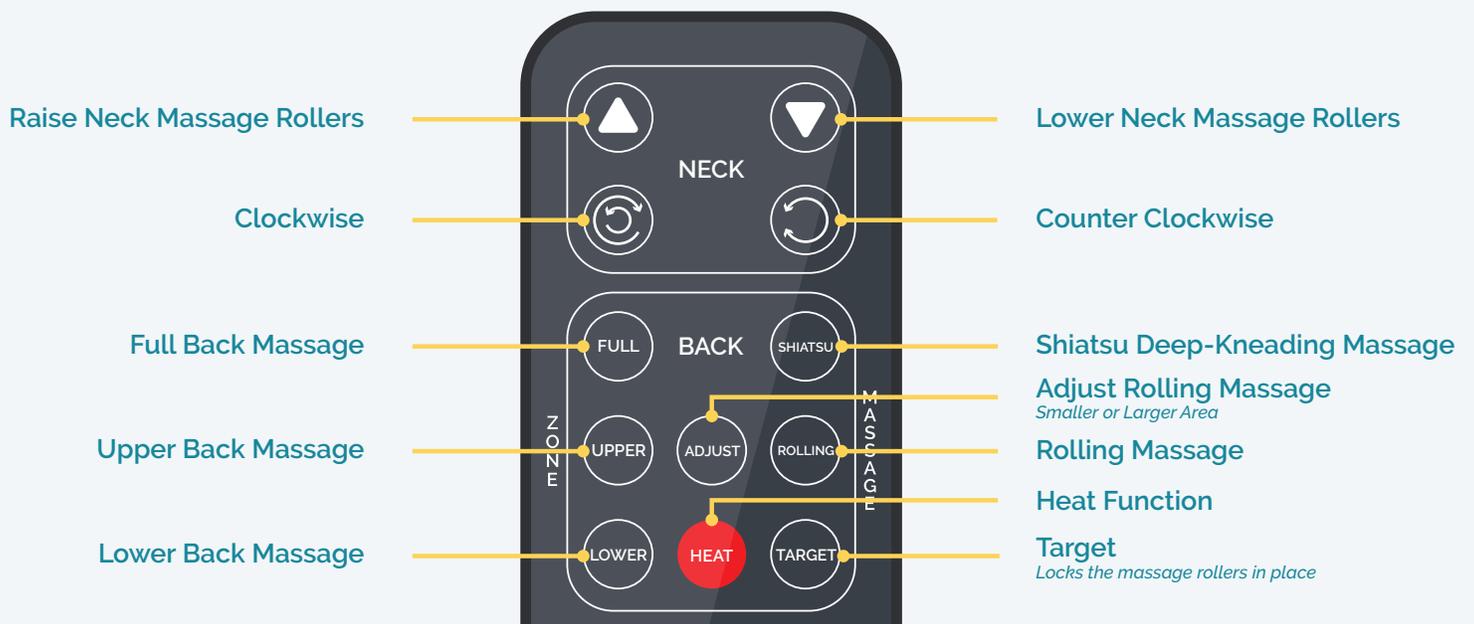
Operation

- Place the truMedic® InstaShiatsu+® Chair Massager onto a sturdy chair that does not recline, and plug the power adapter into the power cord attached to the massager.
- Use the attached remote to turn on the massager using the red "Power" button.
- Choose between the different areas such as "Seat," "Back," and "Neck" to create a customized massage.



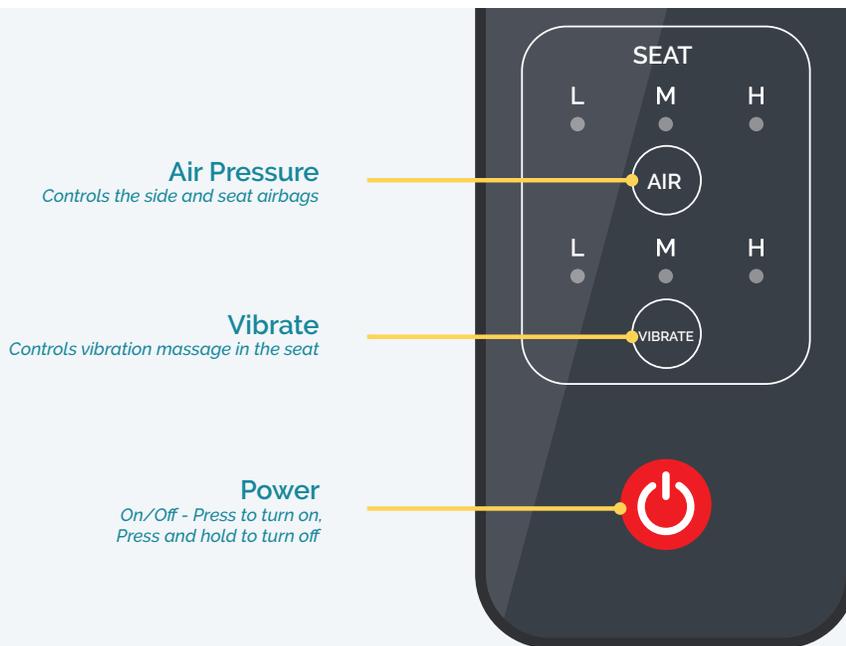
- The massager will automatically shut off after a 20 minute massage session, and the massage rollers will return to their default positions.
- When you are finished with your massage session, press and hold the red "Power" button to turn off the massager.

The Remote



Customize Your Massage!

Have a specific spot that needs a little extra love? Press the "Target" button when the massage rollers reach the perfect spot and they will stay right there.



Mind the Air Pressure!

*The "Air" function is intense and not recommended for everyone.
Start with the low setting and see if you like it.*

Caring for your truMedic® InstaShiatsu+® Chair Massager

- Unplug your truMedic® InstaShiatsu+® Chair Massager and spot clean as necessary with a damp cloth. Do not submerge or saturate the massager at any time.
- Vacuum any dust, lint, or hair from mesh or massage rollers.
- Do not use any cleaners or abrasive substances on your truMedic® InstaShiatsu+® Chair Massager and store in a cool, dry place.





Specifications

Product Name:	truMedic® InstaShiatsu+® Chair Massager With Heat
Product Model:	TM-IS-7000
Power Supply:	AC 120V - 240V
Power Consumption:	60W
Power Frequency:	50-60HZ
Auto-Shutoff Timer:	20 minutes

Troubleshooting

Problem: The truMedic® InstaShiatsu+® Chair Massager has sounds such as the friction of the rollers, air pressure building and releasing, etc.

Solution: These sounds are normal, and should be produced at a steady frequency when features are being used. If any sudden and loud noises occur discontinue use and contact truMedic® for service.

Problem: The truMedic® InstaShiatsu+® Chair Massager is not starting or does not function, or suddenly stopped.

Solution: Ensure that the massager is properly plugged in, and firmly connected both at the power adapter and at the massager plug. The massager has a 20 minute auto-shut off, and may require you to wait up to 40 minutes before resuming your massage. In addition, there is a force safety feature. If excessive force is applied to the massage chair, the rollers will stall. Turn the massager off and check to make sure there is no force being applied to the rollers.

Problem: The heat function has suddenly stopped after prolonged usage.

Solution: This is a built in safety feature to prevent overheating. Once the massager has cooled down to a safe temperature, the heating function can be used once again.

*Have Questions? Call our toll-free hotline at
(888) 264-1766 or visit **support.trumedic.com***

Warranty

truMedic® warrants this product against defects in materials and/or workmanship for a period of 6 Months from the date of purchase by the original purchaser. In the event of a valid claim within the Warranty Period, truMedic® will repair the defect or replace the unit at no charge, using new or refurbished replacement parts at its discretion. Proof of purchase is required prior to receiving service under this warranty.

Warranty service is available by calling truMedic® service at 888.264.1766 or via email at service@truMedic.com. Repairs/replacements must be authorized by truMedic® before service will be provided. You are responsible for delivery and the cost of delivery of the product to and from a truMedic® service center for replacement or repair as per our instructions.

This warranty does not cover damage caused by failure to follow instructions, or damage caused by accident, abuse, misuse, fire, floods, earthquake or other external causes or damage caused by unauthorized repairs.

truMedic® SHALL NOT BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT, OR ARISING OUT OF ANY BREACH OF THIS WARRANTY. TO THE EXTENT PERMITTED BY APPLICABLE LAW, truMedic® DISCLAIMS ANY AND ALL STATUTORY OR IMPLIED WARRANTIES, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS. IF truMedic® CANNOT LAWFULLY DISCLAIM STATUTORY OR IMPLIED WARRANTIES, THEN TO THE EXTENT PERMITTED BY LAW, ALL SUCH WARRANTIES SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS EXPRESS WARRANTY.

Some states disallow the exclusion or limitation of incidental or consequential damages or how long an implied warranty lasts, so the above exclusions or limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from state to state.



FREE WARRANTY UPGRADE

GO TO <http://www.RegistertruMedic.com>

YOU MUST REGISTER YOUR PRODUCT WITHIN 10 DAYS TO QUALIFY FOR A FREE UPGRADE TO YOUR WARRANTY FROM 6 MONTHS TO ONE FULL YEAR AT NO COST!

When you register, you become a VIP member and get these exclusive benefits:

- ✓ **FREE** Extended Warranty from 6 months to one full year at **NO CHARGE!**
- ✓ Discount on new product releases

HAVE QUESTIONS? Give us a call on our toll-free hotline 888-264-1766

Thank you! We Look forward to welcoming you into the VIP User's Group today!

Team truMedic®

FCC Statement:

CAUTION: Modifications not approved by the party responsible for compliance could void user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

IMPORTANT SAFETY INSTRUCTIONS

Read all instructions before using this household appliance

When using an electrical appliance, basic precautions should always be followed, including the following:

DANGER

To reduce the risk of electric shock:

- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- Do not reach for an appliance that has fallen into water. Unplug immediately.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.

- Do not carry this appliance by supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like. Never operate on a soft surface such as a bed or couch where the air openings may be blocked.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- Do not use massager in close proximity to loose clothing or jewelry.
- Keep long hair away from massager while in use.

SAVE THESE INSTRUCTIONS



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