



truMedic®

User Manual

truShiatsu™ PRO

Neck & Back Massager

Performance Series



truShiatsu™ Massage

Congratulations on your purchase of the truMedic® patent-pending truShiatsu™ PRO Neck & Back Massager! This massager is designed to deliver a high-performance shiatsu massage in a sleek, trend-setting, and ergonomic package. It's built-to-last with reliable neoprene fabric, the same material trusted by deep-sea divers for its comfort and durability. The advanced massage apparatus is designed to deliver a deeply-penetrating shiatsu massage that relieves aches and pains at the end of a long, stressful day. The adjustable arm sleeves give you the power to completely control the intensity of your massage, you can also activate the heating function for even deeper relief. This massager is perfect for your neck, shoulders, back, legs, or wherever you need quick comfort.

If you have a question, comment, or concern, the truMedic® team is standing by to assist you, just reach out!

FCC STATEMENT

CAUTION: Modifications not approved by the party responsible for compliance could void user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

IMPORTANT SAFETY INSTRUCTIONS

WARNING

Please read and observe all instructions before use.

TO REDUCE THE RISK OF BURNS, FIRE, ELECTRIC SHOCK, OR INJURY TO PERSONS:

- ▶ *Always use with a layer of clothing between the massager and skin. Do not use on bare skin as friction soreness or redness may occur.*
- Do not use on an infant or invalid or on a sleeping or unconscious person. Do not use on insensitive skin or on a person with poor blood circulation. Do not use for extended periods in the same area, as friction rash may occur if overused.
- This massager should never be left unattended when plugged in, except for charging. Unplug from outlet after charging or when not in use, and before putting on or taking off parts.
- Do not operate under a blanket or pillow. Excessive heat buildup can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this massager is used by, on, or near disabled persons or anyone with diminished sensory capacity.
- Use this massager only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Do not use this product if the mesh is worn out and/or the nodes are exposed.

- Never operate this massager if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the massager to a service center for examination and repair.
- Do not carry this massager by its supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the massager with the air openings blocked. Keep the air openings free of lint, hair, or other obstructions.
- Never drop or insert any object into any opening. Do not use outdoors in inclement weather.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- Consult your physician before using this product if you have any medical conditions.
- Do not allow the unit to get wet or use the unit in moist or wet areas such as the bathroom, shower, tub, steam room, pool, jacuzzi or outdoors when moisture is present. Store your unit in a cool, dry place.
- Keep this unit out of the reach of children under the age of 12. This unit should not be used on or by children under 12 years old.
- Do not use this product on sensitive areas of the body such as: open wounds, rashes, eyes or swollen areas of the body.
- Do not fall asleep with the unit operating on your person.
- Do not use this massager while driving.
- Move long hair aside and remove delicate chains or necklaces before using massager.
- Do not overuse or over-treat one area of the body. The unit is meant to be used for a maximum of 20 minutes per area. Excessive pressure may cause soreness or friction rash.
- Do not leave unit operating while unattended.
- Keep vent areas/airways clear and free of dust, lint and hair.

 **DANGER****TO REDUCE THE RISK OF ELECTRIC SHOCK:**

- Always unplug this massager from the electrical outlet immediately after using and before cleaning.
- Do not reach for a massager that has fallen into water. Unplug immediately.
- Do not use while bathing or in a shower.
- Do not place or store massager where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Do not tamper with the unit. There are no user-serviceable components or parts inside.
- Use only original charger provided with the unit. Chargers from other devices may overcharge this device and cause a fire even if the plug fits. Replace worn or damaged equipment only with original manufacturer-approved components.
- This unit contains a rechargeable Li-ion battery, which is neither replaceable nor user-serviceable.

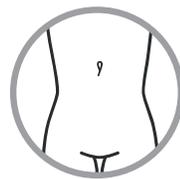
Versatile, Full Body truShiatsu™ Massage



Neck



Back



Stomach

Upper & Lower



Legs



Feet

Thighs & Hamstrings

Included in Box

- truMedic® truShiatsu™ PRO Neck and Back Massager
- A/C Adapter



Cordless



Rechargeable

*Photos and drawings are for illustrative purposes only.

truShiatsu™ PRO

Neck & Back Massager



Operation

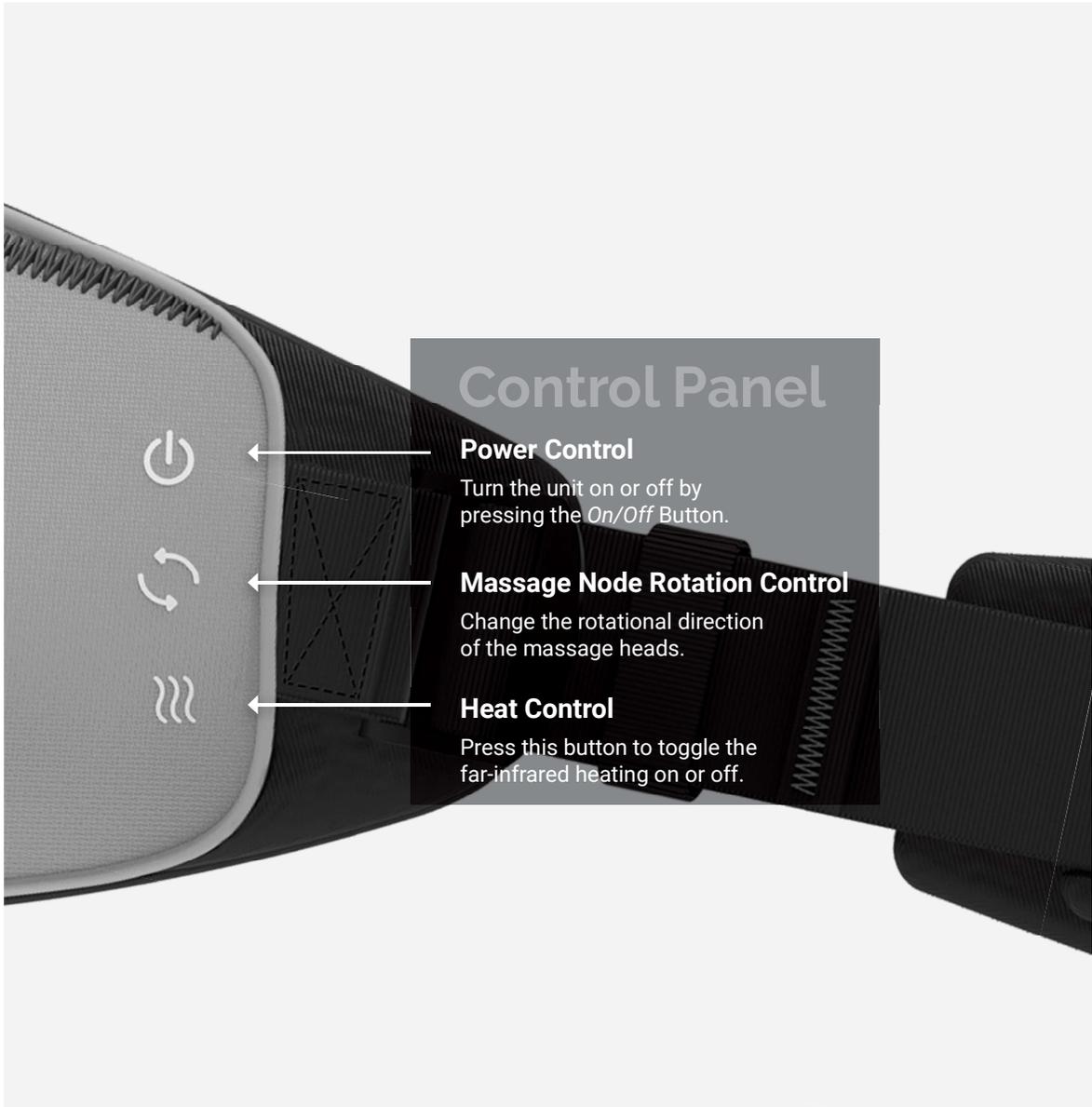
Before use:

- Place the truMedic® truShiatsu™ PRO Neck and Back Massager on your shoulders and insert your hands through the wrist supports.
- Determine the desired length of the arm straps by adjusting the tri-glide buckle above the wrist straps.
- Turn on the unit by pressing the power button—Note: the unit should be on before placing it on your shoulders.

To use:

- Place the unit over your shoulders. Remove any loose chains or necklaces and be sure to move long hair away from the rotating mechanism.
- Apply pressure to your muscles by pulling at the wrist straps with the desired strength to reach your muscles.
- By varying the intensity of the strength applied to the wrist straps, you will precisely control the intensity and location of the massage along your neck and shoulders.
- To reverse the direction of the massage, press the Massage Node Rotation Control button on the unit.
- The unit defaults to heat-on mode. To turn the heat on or off, simply press the Heat Control button. The unit will glow to indicate the presence of heat from the unit.

***NOTE:** Unit will automatically shut off after 20 minutes of use and should be given 30 minutes to cool down before reuse.*



Control Panel

Power Control

Turn the unit on or off by pressing the *On/Off* Button.

Massage Node Rotation Control

Change the rotational direction of the massage heads.

Heat Control

Press this button to toggle the far-infrared heating on or off.

Charging the Unit

Fully charge the truMedic® TruShiatsu® Pro Neck and Back Massager for 2 hours before first use.

- Firmly insert the cylindrical end of the charger cable into the 'DC In' jack on the unit.
- Plug the A/C adapter into an electrical wall outlet.
- A full charge cycle is approximately 2 hours.
- Unit can be used while charging.

Charging Port (Located on the Back)

NOTE: Only use the provided A/C adapter and cable for charging your device to avoid potential damage. Please contact truMedic® support if you need a replacement.



Caring for Your truShiatsu™ PRO Neck & Back Massager

- Spot clean as necessary with damp cloth (do not wet the unit).
- Vacuum any dust, lint or hair from air intake vent areas.
- Do not use corrosive or abrasive cleaners. Use a dry cloth to clean the surface of the device.
- Do not store this device in hot, damp, or humid environments. Keep your unit in the box when not in use, and store in a cool, dry place.

Specifications

Product Name:	truShiatsu™ PRO Neck & Back Massager
Adapter Input:	100-240V-50/60 Hz
Output:	DC 13V 1.8 A
Battery:	Lithium-Ion Cell 2200mAh 11.1V
Charge Time:	About 2 Hours
Run Time:	Varies, dependent on features used



Warranty

truMedic® warrants this product against defects in materials and/or workmanship for a period of 6 Months from the date of purchase by the original purchaser. **You must register your product within 10 days to qualify for a free upgrade to your warranty from 6 months to one full year at no cost.** In the event of a valid claim within the Warranty Period, truMedic® will repair the defect or replace the unit at no charge, using new or refurbished replacement parts at its discretion. Proof of purchase is required prior to receiving service under this warranty.

Warranty service is available by calling truMedic® service at **(888) 264-1766** or via email at service@truMedic.com. You are responsible for delivery and the cost of delivery of the product to a truMedic® service center for replacement or repair, truMedic® will pay for delivery charges on returns.

This warranty does not cover damage caused by failure to follow instructions, or damage caused by accident, abuse, misuse, fire, flood, earthquake or other external causes, or damage caused by unauthorized repairs.

TRUMEDIC® SHALL NOT BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT, OR ARISING OUT OF ANY BREACH OF THIS WARRANTY. TO THE EXTENT PERMITTED BY APPLICABLE LAW, TRUMEDIC® DISCLAIMS ANY AND ALL STATUTORY OR IMPLIED WARRANTIES, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS. IF TRUMEDIC® CANNOT LAWFULLY DISCLAIM STATUTORY OR IMPLIED WARRANTIES, THEN TO THE EXTENT PERMITTED BY LAW, ALL SUCH WARRANTIES SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS EXPRESS WARRANTY.

Some states disallow the exclusion or limitation of incidental or consequential damages or how long an implied warranty lasts, so the above exclusions or limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from state to state.

Other truMedic® Products



MagicHands™

Neck & Back Massager



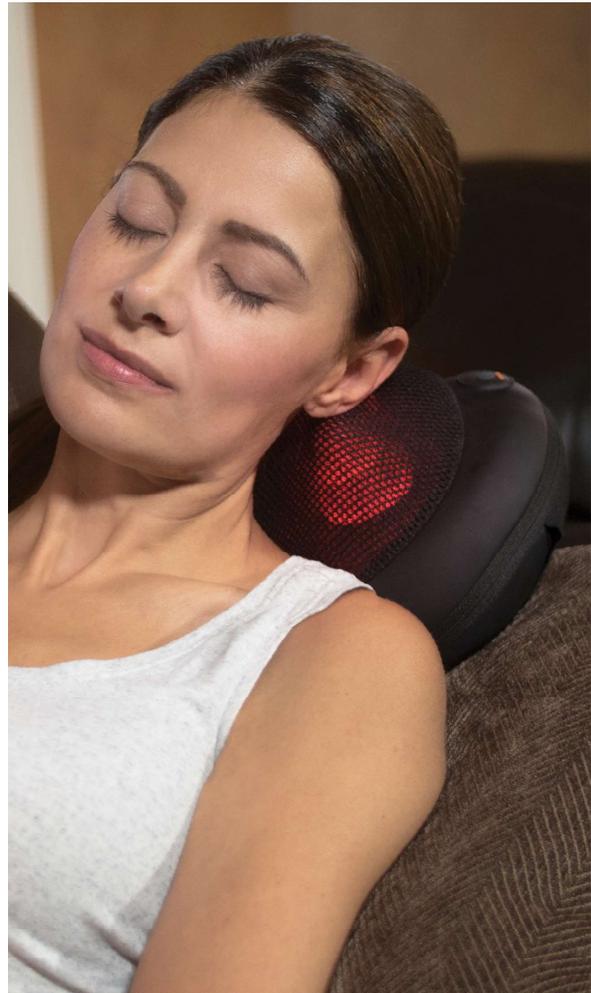
The truMedic® MagicHands™ truShiatsu™ Neck and Back Massager with Heat is our most advanced, high-performance massage unit yet. This massager is designed with a patent-pending mechanism that is made to recreate the touch of a professional masseuse. It delivers a powerful massage that is so lifelike, you will believe it is coming from a set of human hands!

Available Colors:   

Dream Machine™ Pillow Massager



Massage yourself into a deep sleep with truMedic's new state-of-the-art Dream Machine truShiatsu Rechargeable Pillow Massager with Heat. No wires required! The rechargeable Dream Machine Pillow Massager makes an excellent addition to any couch, chair, or bed.



truRelief™ IMPACT Therapy™ Device



The truRelief™ IMPACT Therapy™ Device is specially designed to provide quick, high-performance Impact Therapy™ that leaves you feeling relaxed and rejuvenated. You can speed up your recovery process, improve your range of motion, and relieve stress with the power of its quiet, brushless motor.

Available Colors:   



truMedic[®]

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