

YOUR PERSONAL MASSEUSE

INSTASHIATSU+™

NECK/BACK SHIATSU MASSAGER WITH HEAT



trūMedic®

INSTRUCTION
BOOKLET

MODEL IS-2000



INCLUDED IN BOX:

1 truMedic InstaShiatsu + Unit

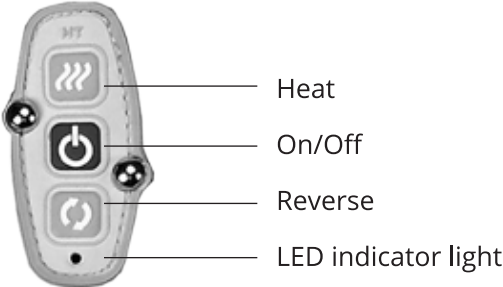
1 A/C Adapter with charger cable



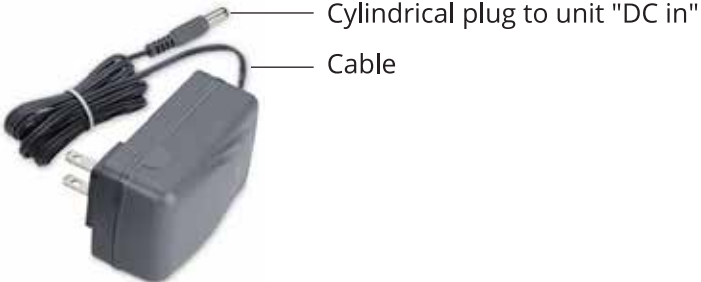
CORDLESS 

RECHARGEABLE 

CONTROL PANEL



A/C ADAPTER





**PLEASE READ AND OBSERVE ALL SAFETY WARNINGS
BEFORE USE AND KEEP THIS INSTRUCTION GUIDE HANDY**

WARNINGS!

- Do not allow the unit to get wet
- Do not tamper with the unit, there are no user-serviceable components or parts inside
- Do not use the unit in moist or wet areas such as the bathroom, shower, tub, steam room, pool or jacuzzi
- Do not use the truMedic InstaShiatsu + outdoors when moisture is present
- Do not fall asleep with the unit operating on your person
- Keep this unit out of the reach of children
- This unit is not to be used on or by children
- Use only original charger/cable provided with the unit. Replace worn or damaged equipment only with original manufacturer-approved components

- Keep vent areas/airways clear and free of dust, lint and hair
 - Do not set unit down while it is running
 - Never use the unit under a pillow or bedding as airflow may be restricted or blocked which could lead to overheating and injury
 - The truMedic InstaShiatsu + is designed to relieve stress and relax neck, shoulder, back and various muscles as a shiatsu style massage would
 - Do not over-use or over-treat one area of the body, the unit is meant to be used for a maximum of 20 minutes per area Pressure/intensity is controlled by the user. Excessive pressure may cause soreness
 - Handle and store the truMedic InstaShiatsu + with care. Keep unit free of foreign objects and store in a cool, dry place
 - Do not use near the eyes or sensitive areas of the body
- This unit contains rechargeable Lithium-Ion batteries which are neither replaceable nor user serviceable
- Do not drop the unit.



OPERATION

- Place the truMedic InstaShiatsu + on your shoulders and insert your hands through the wrist supports
- Turn on the unit by pressing the 'On/Off' button
- As massage spheres rotate, apply pressure to wrist supports as desired to adjust shiatsu massage intensity
- Press the reverse button to change rotation direction
- NOTE: Unit will automatically shut off after 20 minutes of use and must be given 30 minutes to cool down before reuse.

CARE OF THE InstaShiatsu +

- Spot clean as necessary with damp cloth (do not wet the unit)
- Vacuum any dust, lint or hair from air intake vent areas
- Store the unit in a dry, cool place.



CHARGING THE UNIT

Before the first use, fully charge the truMedic InstaShiatsu + unit.

- Insert the cylindrical end of the charger cable into the 'DC In' jack on the unit
- Plug the A/C adapter into an electrical wall outlet
- The LED indicator light will shine red while the unit is taking the charge and turn green once the charge is complete
- A full charge cycle is approximately 2 hours
- When recharging of the unit becomes necessary the LED indicator will flash blue.

LED indicator light





CAUTION

Consult your physician before using this product.

- The truMedic InstaShiatsu + is not intended to replace medical attention. It is intended for casual use for muscle relaxation and stress relief.
- Avoid using this product if you are taking medication, painkillers, sedatives or consuming alcohol.
- Do not use this product over open wounds or lesions, rashes, inflamed or swollen areas of skin or eruptions of any nature.
- Do not use this product while driving.
- Do not leave unit operating while unattended.
- Keep out of reach of children.
- For best results and product longevity, do not use this product for more than 20 minutes (one cycle) before allowing a cool-off period of 30 - 40 minutes.



truMedic®

At truMedic, our mission is to offer safe, affordable - high quality products designed to provide immediate comfort and relief to people who are stressed or in pain, without drugs, side effects or health risks.

SPECIFICATIONS

Adapter input: 100-240V-50/60 Hz

Output: DC 13V 1.8A

Battery: Lithium-Ion Cell 2200mAh 11.1V

Charge time: 2 Hrs.

Run time: +/- 3 Hrs (less with heat operation)

Follow local recycling procedures when disposing of Li-ion cell

Unit will automatically shut off after 20 minutes of use

WARRANTY

truMedic warrants this product against defects in materials and/or workmanship for a period of 6 Months from the date of purchase by the original purchaser. In the event of a valid claim within the Warranty Period, truMedic will repair the defect or replace the unit at no charge, using new or refurbished replacement parts at its discretion. Proof of purchase is required prior to receiving service under this warranty.

Warranty service is available by calling truMedic service at 888.264.1766 or via email at service@trumedic.com. Repairs/replacements must be authorized by truMedic before service will be provided. You are responsible for delivery and the cost of delivery of the product to and from a truMedic service center for replacement or repair as per our instructions.

This warranty does not cover damage caused by failure to follow instructions or damage caused by accident, abuse, misuse, fire, floods, earthquake or other external causes or damage caused by unauthorized repairs.

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Some states disallow the exclusion or limitation of incidental or consequential damages or how long an implied warranty lasts, so the above exclusions or limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from state to state.



FREE WARRANTY UPGRADE

GO TO <http://www.RegisterTruMedic.com>

YOU MUST REGISTER YOUR PRODUCT WITHIN 10 DAYS TO QUALIFY FOR A FREE UPGRADE TO YOUR WARRANTY FROM 6 MONTHS TO ONE FULL YEAR AT NO COST!

WHEN YOU REGISTER, YOU BECOME A VIP MEMBER AND GET THESE EXCLUSIVE BENEFITS:

- ✓ **FREE** Extended Warranty from 6 Months to One Full Year at **NO CHARGE!**
- ✓ Discount on new product releases.

HAVE QUESTIONS? Give us a call on our toll-free hotline: 888-264-1766.

Thank You! We look forward to welcoming you into the VIP User's Group Today!

Team truMedic



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