

INSTA **S**HIATSU+<sup>®</sup>

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NECK & SHOULDER  
MASSAGER WITH HEAT

# INSTRUCTION MANUAL

truMedic<sup>®</sup>





## FCC Statement:

**CAUTION:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## IMPORTANT SAFETY INSTRUCTIONS

*Read all instructions before using this household appliance.*

**NOTE:** When using an electrical appliance, basic precautions should always be followed, including the following:

### DANGER

*to reduce the risk of electric shock:*

- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

- Do not reach for an appliance that has fallen into water. Unplug immediately.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

## WARNING

***To reduce the risk of burns, fire, electric shock, or injury to persons:***

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
  - Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
  - Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
  - Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
  - Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- Do not carry this appliance by supply cord or use cord as a handle.
  - Keep the cord away from heated surfaces.
  - Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like. Never operate on a soft surface such as a bed or couch where the air openings may be blocked.
  - Never drop or insert any object into any opening.
  - Do not use outdoors.
  - Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
  - To disconnect, turn all controls to the off position, then remove plug from outlet.
  - Do not use massager in close proximity to loose clothing or jewelry.
  - Keep long hair away from massager while in use.

***SAVE THESE INSTRUCTIONS***



## **WARNING**

### ***PLEASE READ AND OBSERVE ALL WARNINGS BEFORE USE.***

- Consult your physician before using this product if you have a medical condition.
- Do not allow the unit to get wet or use the unit in moist or wet areas such as the bathroom, shower, tub, steam room, pool, jacuzzi or outdoors when moisture is present. Store your unit in a cool, dry place.
- Never use the unit under a pillow or bedding as airflow may be restricted or blocked, which could lead to overheating and injury.
- Keep this unit out of the reach of children under the age of 12. This unit should not be used on or by children under 12 years old.
- Do not use this product on sensitive areas of the body such as; open wounds, rashes, eyes or swollen parts of the body.



## **CAUTION**

### ***PLEASE READ AND OBSERVE ALL SAFETY INSTRUCTIONS BEFORE USE.***

- Do not tamper with the unit. There are no user-serviceable components or parts inside.
- Use only original charger provided with the unit. Replace worn or damaged equipment only with original manufacturer-approved components.
- Keep vent areas/airways clear and free of dust, lint and hair.
- Do not leave unit operating while unattended.
- Do not over-use or over-treat one area of the body. The unit is meant to be used for a maximum of 20 minutes per area. Excessive pressure may cause soreness.
- This unit contains rechargeable Lithium-Ion batteries, which are neither replaceable nor user serviceable.
- Do not fall asleep with the unit operating on your person.
- Do not use this product while driving.

**INCLUDED IN BOX**

- IS-2500 Neck & Shoulder Massager With Heat
- A/C Adapter



## FEATURES

Experience a deep-kneading shiatsu massage with the IS-2500 Neck & Shoulder Massager With Heat. Cordless and rechargeable, it's ready at a moment's notice to massage any area at home or on-the-go. Even better, turn on the heat function and quickly take your massage to the next level.



Heated



Cordless



Variable Massage  
Speeds



Rechargeable



Adjustable  
Velcro Straps



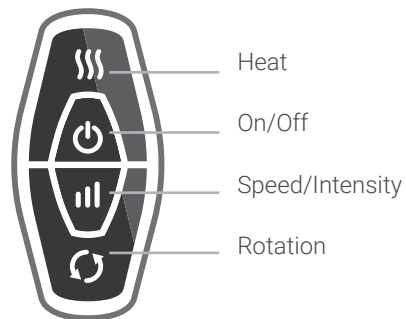
Ergonomic  
Handles

## OPERATION

- Place the IS-2500 Neck & Shoulder Massager on your shoulders and put your hands through the wrist supports.
- Use the velcro straps within the wrist supports to adjust how high or low you want your arms to rest. Control the intensity of your massage using the arm supports or ergonomic handles to apply pressure.
- Turn on the unit by pressing the 'On/Off' button.
- Press the Rotation button to change massage direction.
- For a warm, heated experience, press the Heat button.

**NOTE: Unit will automatically shut off after 20 minutes of use and must be given 30 minutes to cool down before reuse.**

### CONTROL PANEL



### A/C ADAPTER





## CHARGING THE UNIT

Fully charge the IS-2500 Neck & Shoulder Massager unit before your first session.

- Insert the cylindrical end of the charger cable into the 'DC In' jack on the unit
- Plug the A/C adapter into an electrical wall outlet
- A full charge cycle is approximately 2 hours
- Unit can be used while charging.



## SPECIFICATIONS

<b>Adapter Input:</b>	100-240V-50/60 Hz
<b>Output:</b>	DC 13V 1.8 A
<b>Battery:</b>	Lithium-Ion Cell 2200mAh 11.1V
<b>Charge Time:</b>	2 Hours
<b>Run Time:</b>	Varies, dependent on features used.

## WARRANTY

truMedic® warrants this product against defects in materials and/or workmanship for a period of 6 Months from the date of purchase by the original purchaser. **You must register your warranty within 10 days to qualify for a free upgrade to your warranty from 6 months to one full year at no cost.** In the event of a valid claim within the Warranty Period, truMedic® will repair the defect or replace the unit at no charge, using new or refurbished replacement parts at its discretion. Proof of purchase is required prior to receiving service under this warranty.

Warranty service is available by calling truMedic® service at **(888) 264-1766** or via email at [service@truMedic.com](mailto:service@truMedic.com). You are responsible for delivery and the cost of delivery of the product to a truMedic® service center for replacement or repair, truMedic® will pay for delivery charges on returns.

This warranty does not cover damage caused by failure to follow instructions, or damage caused by accident, abuse, misuse, fire, flood, earthquake or other external causes, or damage caused by unauthorized repairs.

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IS-2500 US 1.0