



Your Personal Masseuse

INSTASHIATSU [®]+

Foot & Calf Massager With Air Compression & Heat - Instructions

INCLUDED IN BOX

truMedic® InstaShiatsu® Foot & Calf Massager



*Photos and drawings are for illustrative purposes only.



WARNING

PLEASE READ AND OBSERVE ALL SAFETY WARNINGS BEFORE USE AND KEEP THIS INSTRUCTION GUIDE HANDY.

- Unplug the truMedic® InstaShiatsu+® Foot and Calf Massager immediately after use or before cleaning. Take care to completely turn off the unit before unplugging.
- Do not use the truMedic® InstaShiatsu+® Foot and Calf Massager in humid or wet areas such as the bathroom, shower, tub, steam room, pool or Jacuzzi.
- The truMedic® InstaShiatsu+® Foot and Calf Massager is not intended for outdoor use or where moisture is present.
- If the truMedic® InstaShiatsu+® Foot and Calf Massager becomes hot, unplug and let it cool down before resuming use.
- Only use this massager for its intended purpose, as outlined in this booklet. Additional parts should only be used at the recommendation of truMedic®.
- If your truMedic® InstaShiatsu+® Foot and Calf Massager is damaged or malfunctioning, contact truMedic® for service immediately. Only use the power cord supplied with this unit and keep away from heat. Do not tamper with unit.
- Do not drop, throw, or carry the truMedic® InstaShiatsu+® Foot and Calf Massager by the power cord.
- Do not insert any foreign objects into the truMedic® InstaShiatsu+® Foot and Calf Massager.

CAUTION



CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT.

- The truMedic® InstaShiatsu+® Foot and Calf Massager is not a medical product and should not be used for any medical purpose.
- Children under the age of 8 or individuals lacking the mental or sensory capabilities to operate this product shouldn't do so without adult supervision.
- Consult your physician before using the truMedic® InstaShiatsu+® Foot and Calf Massager if you are pregnant, are susceptible to skin allergies or infections, or are using a pacemaker or other implanted device.
- If you experience pain or discomfort while using this massager, discontinue use.
- Take care to keep hair and jewelry away from the truMedic® InstaShiatsu+® Foot and Calf Massager at all times while in use.
- This product SHOULD NOT be used on: infants, unconscious persons, those with extremely sensitive skin, or those with blood circulation problems.



Features

Place your tired, aching feet and calves into the truMedic® InstaShiatsu+® Foot and Calf Massager with Heat and enjoy the rejuvenating benefits of a wonderful shiatsu massage. Turn on the air compression to gently relieve tension in your muscles throughout your calves and ankles, then turn on the heat function for extra relaxation and comfort. With each setting controlled with easy to understand buttons you can receive the perfect massage at home and never have to step into a spa.





Operation

- Plug the attached power cord into a compatible outlet.
- Locate the power switch on the base of the massager, located to the left of the power cord. When the massager is powered the "Power" LED light will blink.

- Press the "Power" button to begin your massage session.
- To turn off your massager, press the "Power" button once again
- To adjust the air compression, press the "Air Compression" button and it will cycle through low, medium, and high intensity.
- To adjust the shiatsu massage, press the "Shiatsu Massage" button. It will cycle through both the foot and leg, leg only, foot only, or off - in that order.
- Press the "Heat" button to turn on the heat function.
- Press the "Mode" button to cycle between three unique massage programs.

Don't Forget the Power Switch!

The truMedic® InstaShiatsu® Foot and Calf Massager will not function if the power switch (located on the back of the unit) is not turned on first!

The Control Panel



Caring for your truMedic® InstaShiatsu+® Foot and Calf Massager

- Ensure the device is turned off and unplugged before attempting to clean your truMedic® InstaShiatsu+® Foot and Calf Massager.
- Do not use any abrasive or corrosive cleaning agents. Spot clean as necessary using a clean, damp cloth. Do not let the massager get wet at any time.
- When not in use, ensure that the truMedic® InstaShiatsu+® Foot and Calf Massager is powered off and unplugged. Store the massager in a cool, dry place.



Specifications

Product Name:	truMedic® InstaShiatsu+® Foot and Calf Massager
Product Model:	TM-IS-6000
Rated Voltage:	DC12V
Rated Power Input:	50W
Rated Time:	15 minutes

Troubleshooting

Problem: The truMedic® InstaShiatsu+® Foot and Calf Massager is making noises when in use.

Solution: A steady noise from the motor is typical when the massager is being used. If the massager makes a sudden loud or grinding noises discontinue use and contact truMedic® for service.

Problem: The truMedic® InstaShiatsu+® Foot and Calf Massager will not turn on.

Solution: Ensure the A/C adapter is plugged into the correct outlet and that the adapter is securely plugged into the power cord on the massager.

Problem: The truMedic® InstaShiatsu+® Foot and Calf Massager suddenly shut off.

Solution: If the massager has been used for more than 15 minutes the automatic shut off feature has been activated to reduce the chance of overheating or injury. Wait 30 minutes and then attempt to use the massager again.

Solution: Excessive force may have been applied to the base of the massager, and the automatic shut-off safety feature was activated. Relax your feet and do not stand while using the massager

*Have Questions? Call our toll-free hotline at
(888) 264-1766 or visit support.trumedic.com*

Warranty

truMedic® warrants this product against defects in materials and/or workmanship for a period of 6 Months from the date of purchase by the original purchaser. In the event of a valid claim within the Warranty Period, truMedic® will repair the defect or replace the unit at no charge, using new or refurbished replacement parts at its discretion. Proof of purchase is required prior to receiving service under this warranty.

Warranty service is available by calling truMedic® service at 888.264.1766 or via email at service@truMedic.com. Repairs/replacements must be authorized by truMedic® before service will be provided. You are responsible for delivery and the cost of delivery of the product to and from a truMedic® service center for replacement or repair as, per our instructions.

This warranty does not cover damage caused by failure to follow instructions, or damage caused by accident, abuse, misuse, fire, floods, earthquake or other external causes or damage caused by unauthorized repairs.

truMedic® SHALL NOT BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT, OR ARISING OUT OF ANY BREACH OF THIS WARRANTY. TO THE EXTENT PERMITTED BY APPLICABLE LAW, truMedic® DISCLAIMS ANY AND ALL STATUTORY OR IMPLIED WARRANTIES, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS. IF truMedic® CANNOT LAWFULLY DISCLAIM STATUTORY OR IMPLIED WARRANTIES, THEN TO THE EXTENT PERMITTED BY LAW, ALL SUCH WARRANTIES SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS EXPRESS WARRANTY.

Some states disallow the exclusion or limitation of incidental or consequential damages or how long an implied warranty lasts, so the above exclusions or limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from state to state.



FREE WARRANTY UPGRADE

GO TO <http://www.RegistertruMedic.com>

YOU MUST REGISTER YOUR PRODUCT WITHIN 10 DAYS TO QUALIFY FOR A FREE UPGRADE TO YOUR WARRANTY FROM 6 MONTHS TO ONE FULL YEAR AT NO COST!

When you register, you become a VIP member and get these exclusive benefits:

- ✓ **FREE** Extended Warranty from 6 months to one full year at **NO CHARGE!**
- ✓ Discount on new product releases

HAVE QUESTIONS? Give us a call on our toll-free hotline 888-264-1766

Thank you! We Look forward to welcoming you into the VIP User's Group today!

Team truMedic®

FCC Statement:

CAUTION: Modifications not approved by the party responsible for compliance could void user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

IMPORTANT SAFETY INSTRUCTIONS

Read all instructions before using this household appliance.

When using an electrical appliance, basic precautions should always be followed, including the following:

DANGER

To reduce the risk of electric shock:

- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- Do not reach for an appliance that has fallen into water. Unplug immediately.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.

- Do not carry this appliance by supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like. Never operate on a soft surface such as a bed or couch where the air openings may be blocked.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- Do not use massager in close proximity to loose clothing or jewelry.
- Keep long hair away from massager while in use.

SAVE THESE INSTRUCTIONS



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