

truMedic®

Live Life. Better.™

InstaShiatsu®+ MC-1500 Massage Chair

Instruction Manual



ENGLISH

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Important Safeguards

Read all instructions before using this household appliance

When using an electrical appliance, basic precautions should always be followed, including the following:

DANGER

To reduce the risk of electric shock:

- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- Do not reach for an appliance that has fallen into water. Unplug immediately.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

- An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- Temperatures sufficiently high to cause burns may occur regardless of the control setting.
- Do not use on an infant or invalid or on a sleeping or unconscious person.
- Do not use on insensitive skin or on a person with poor blood circulation. Check the skin in contact with the heated area of the appliance frequently to reduce the risk of blistering.
- Do not carry this appliance by supply cord or use cord as a handle.

Welcome to your new truMedic® MC-1500 Massage Chair! Before using, please review the following instructions for safety and the best operating experience. Throughout this guide, we'll use several symbols that contain important information. To reduce risk of personal injury, fire, and shock, please review all these items carefully. Save this booklet for future use and reference.

	<i>If you see this symbol, the accompanying language will describe a warning for serious bodily injury or death.</i>		<i>The caution symbol denotes something that may cause an injury or property damage.</i>
	<i>Avoid engaging in the listed behaviors associated with this symbol.</i>		<i>Do not disassemble any part on your chair featuring this symbol. Doing so may increase the risk of harm or void any accompanying warranty.</i>
	<i>You must adhere to these guidelines when operating your new massage chair.</i>		<i>This symbol will provide directions on how to use a particular cable during assembly and use.</i>
	<i>This chair is not waterproof, avoid contact with any liquids.</i>		<i>This symbol denotes any fire or environmental hazards.</i>

Warnings and Notes of Caution



Avoid Using The MC-1500 if you belong to any of the following groups:

- Those with osteoporosis.
- Those who have a pacemaker implant or other electrical medical implant.
- Those who are pregnant or in poor health should discuss use with a physician.
- Children under the age of 12.
- Anyone under the influence of alcohol or recreational drugs.

Accident and injury warnings

- Do not allow children, pets, or any objects in or around the chair while it is in an adjusted position or in operation.
- Close supervision is necessary while operating the chair by, on or near children, invalids or disabled persons.
- Immediately discontinue use and speak with a medical professional if you experience any strange or disorienting symptoms during use.
- Do not sleep in the chair.
- Do not sit or stand on the armrests.
- Avoid excessively targeting any one area of the body to reduce the risk of injury.
- Closely monitor any user who suffers from mobility difficulties.

Fire and electrocution warnings

- Always insert the plug into an appropriate power outlet.
- Never leave a plug sticking partly out of an outlet.
- Always turn off and unplug the chair when it is not in use or before cleaning.

Fire and electrocution avoidance

- Do not use a plug, cord, or outlet if you identify a poor or broken contact.
- Only use power sources that support the recommended voltage to reduce the risk of fire or electric shock.
- Do not use any damaged, twisted, knotted, or constricted power cords.

Accident avoidance

- Do not fold massage chair cushions if you plan to store the chair.
- Do not run this massage chair for long, uninterrupted periods. Follow all run-time recommendations listed in this manual.



Notes on User disassembly and Maintenance

- Contact a professional if your chair experiences water damage or begins to function improperly. Do not modify, disassemble, or perform unspecified maintenance.
- Do not attempt to repair or replace a damaged power cord or plug. Contact the service team at truMedic® or a professional dealer to receive a replacement.
- Do not remove or open any part of the chair for any reason.
- Contact a professional for repair if you notice any irregularities or damage in the cloth and synthetic coverings on your massage chair.



Avoiding Falls

- Always operate your chair on a flat and even surface.

Preventing Wall and Chair Damage

- Always place the chair at least 15 inches from all walls to allow for proper positioning.

Avoiding Injuries Associated With Excessive Use

- The maximum recommended massage time is 20 minutes. Try to change massage settings and positions every 5 minutes for best results. Failing to change positions frequently could result in discomfort.

Avoiding Accidents and Injuries

- Fully insert the plug into the outlet before turning the chair ON.
- Turn off all controls before unplugging the chair.

Avoiding Electrocution

- Look for cord and wire damage before using the massage chair.
- Follow all instructions for proper ground wire connectivity. The wire should not have any irregularities.



Avoiding Accidents and Injuries

- Do not place your hands or feet in between gaps in the massage heads.
- Do not put your hands or feet in between spaces in mechanical components.
- Do not drop or purposefully insert objects into the massage chair slot.
- Do not sit, stand, or place heavy objects on chair components, including the armrests and backrest.
- Never stand on the chair.
- Do not attempt to move a chair while it's operating.
- Do not use massage areas for unintended body parts.
- Do not put unusual amounts of pressure on the backrest while the chair is reclined.
- Do not use chair in loose clothing or wearing jewelry. Keep long hair away from mechanical components of the chair.
- Avoid using the chair with exposed skin or while wearing sheer fabrics. Using the chair with improper clothing could lead to skin irritation.
- Empty your pockets before sitting in the chair.



Avoiding Chair Damage, Discoloration, and Deterioration

- Do not place the chair in humid or wet environments, around sharp things, or near heat sources, including stoves.
- Never use an electric heating pad, blanket, or other heated device while using the chair.
- Do not use the chair in high-temperature areas.
- Do not use the chair in an outdoor environment.



Avoiding Leaks and The Potential for Electrocuting Injuries

- Do not use or store your chair in a wet, humid, or exposed environment such as a swimming pool area or bathroom.
- Both the chair and the control panel must remain dry at all times.
- Do not sit in the chair with wet or damp clothes.



Avoiding electrocution Injuries

- Follow all directions for installing the ground wire or contact a professional electrician for assistance.
- Never use a plug adapter. Contact a professional electrician if you do not have the appropriate outlet for installation.



Avoiding Electrocuting Injuries or Fire

- Unplug the chair before cleaning.
- Unplug the chair if you notice any power damage or the potential for power-related damage (i.e., during thunderstorms).
- To unplug the chair, firmly grasp the plug (not the cord) to release the prongs from the outlet.



Avoid accidents:

- Always turn OFF and unplug your chair after a massaging session.
- Always turn the chair off and unplug your chair during electrical outages.

FCC Statement

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Introduction

Thank you for purchasing a truMedic® MC-1500 Massage Chair. Please read this instruction manual carefully so you may learn how to properly use the chair before using it. Make sure to pay close attention to the important safety warnings, and keep this manual handy for future use.

truMedic® reserves the right to change the design specifications of the FC-1500 without notice.

Features and Function

- 4 wheel-driven mechanical massage hands that move up and down while stretching back and forth mounted on an L-track roller.
- Reclines into zero-gravity mode using space-saving functionality.
- 5 massage modes: Shiatsu, Kneading, Knocking, Simultaneous Kneading and Tapping.
- 5 program options: Fixed Position, Partial Position, Full Back, Neck & Shoulder, and Back & waist with three adjustable speed levels.
- 6 auto massage functions: Relax, Comfort, Full-body, Neck & Shoulder Massage, Back & Waist and Stretch.
- 3 memory mode functions.
- Tailor each massage session to you with Body Scanning Technology.
- Full-body air pressure massage with the ability to focus only on your arms or legs with 3 adjustable intensity levels.
- Leg rest designed with massage rollers for your feet which can be extended to suit different leg lengths.
- Control the recline of the footrest and backrest individually with three auto-reclining modes.
- Infrared heating massage for your back

Operating Your Massage Chair

Please read all the following instructions to ensure safe and effective operation of your MC-1500 massage chair.

Turning On and Operating Your Chair

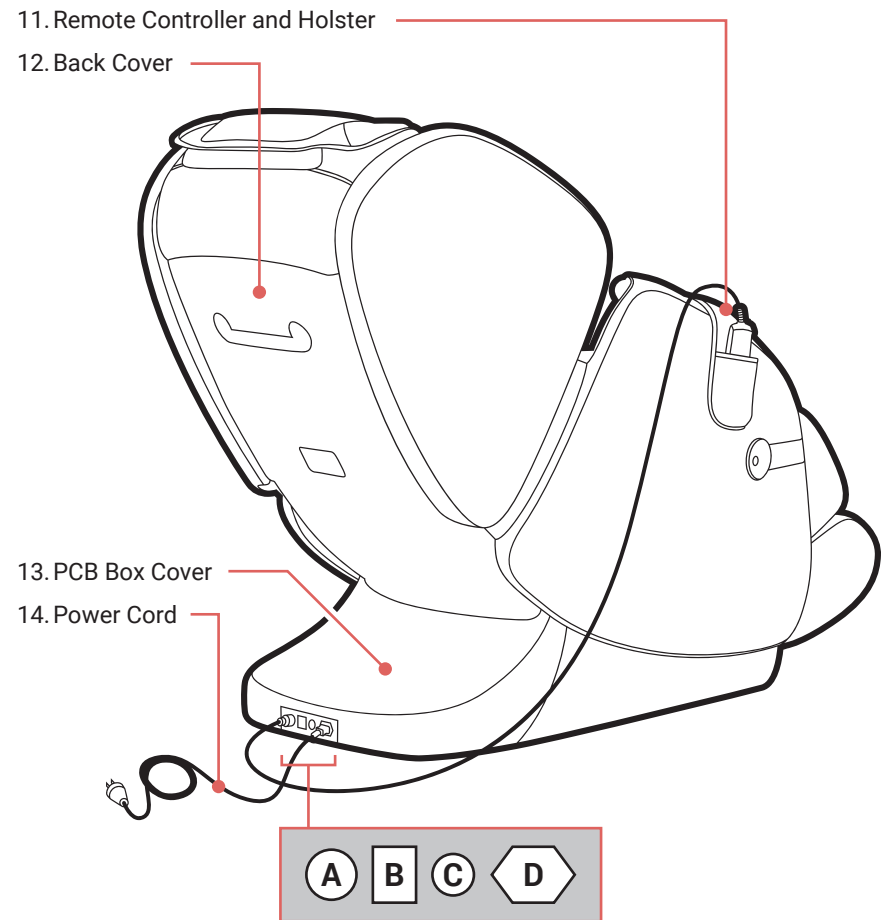
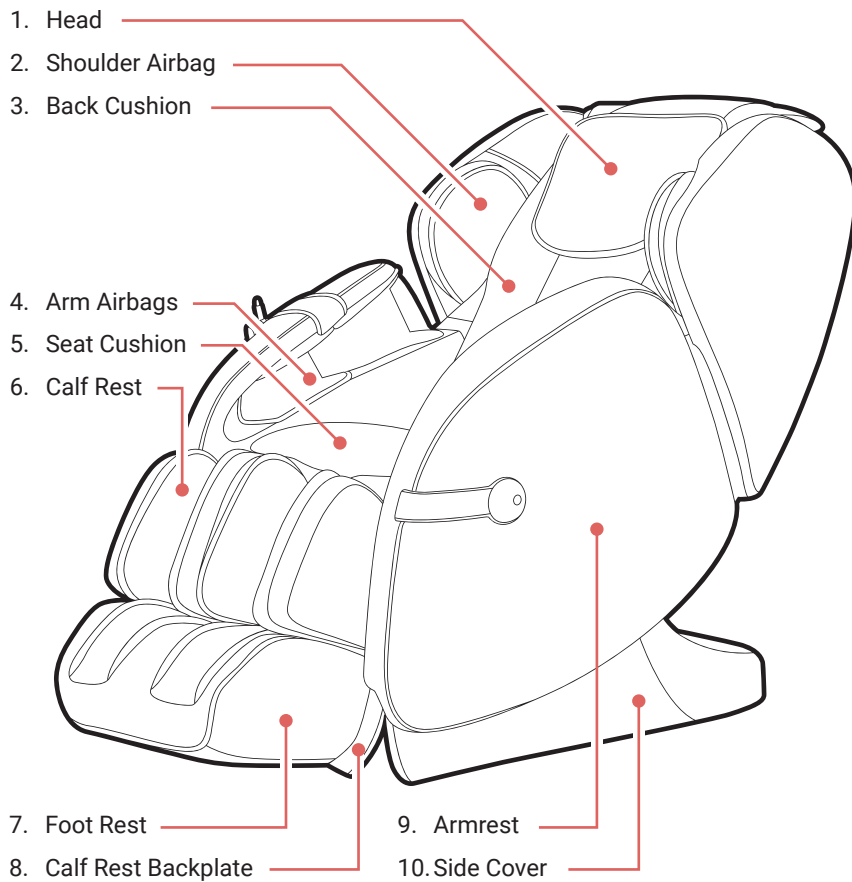
1. Insert the A/C power cord into the chair through the DC jack found on the back of the MC-1500.
2. Insert the power cord into an approved socket.
3. Turn the chair on using the power switch found near the bottom of the control panel.
4. To begin a massage session, use the control panel to activate your desired settings. Learn more about these options in the Control Panel Usage Guide on page 17.

Warnings and Attention About Operation

- If you notice damage to the chair, please discontinue use and contact service@trumedic.com.
- To reduce risk of injury, only use in a socket with approved voltage.

Understanding Your Massage Chair

Take the time to review the graphics available below and familiarize yourself with the distinctive parts of your new massage chair. As soon as you unbox your chair, use the components listing to verify that you have all necessary parts. Contact truMedic® at service@truMedic.com if you are missing any pieces.



- | | |
|---------------------------|----------------------|
| A. Controller Cord Socket | C. Fuse Box |
| B. ON/OFF Switch | D. Power Cord Socket |

Leg Rest Installation

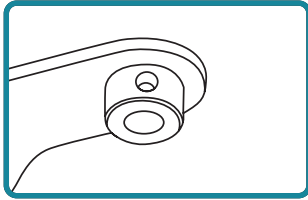


Fig. 1

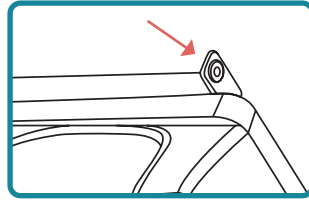


Fig. 2

Fig. 1: This is the *mounting point* for the leg rest on the chair.

Fig. 2: This is the where you mount the leg rest to the chair.

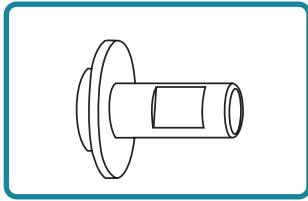


Fig. 3: Insert the washer into the pin shaft.

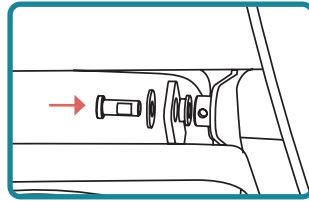


Fig. 4: Align the holes found on the *mounting point* to the holes on the leg rest mounting point. Insert the pin with the washer (Fig. 3) into the hole to secure. Align the pin with the holes for easy installation.

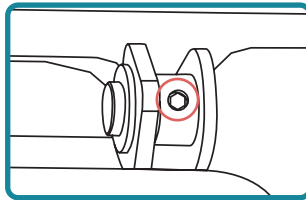


Fig. 5: Use the allen wrench to fasten the two hexagonal head screws.

NOTE

- Do not place pressure on the raised footrest while the chair is operating.
- Ensure that the massage rollers do not end up in the seat when the massage is complete to prevent the seat from becoming uncomfortable.

Adjusting Your Massage Chair

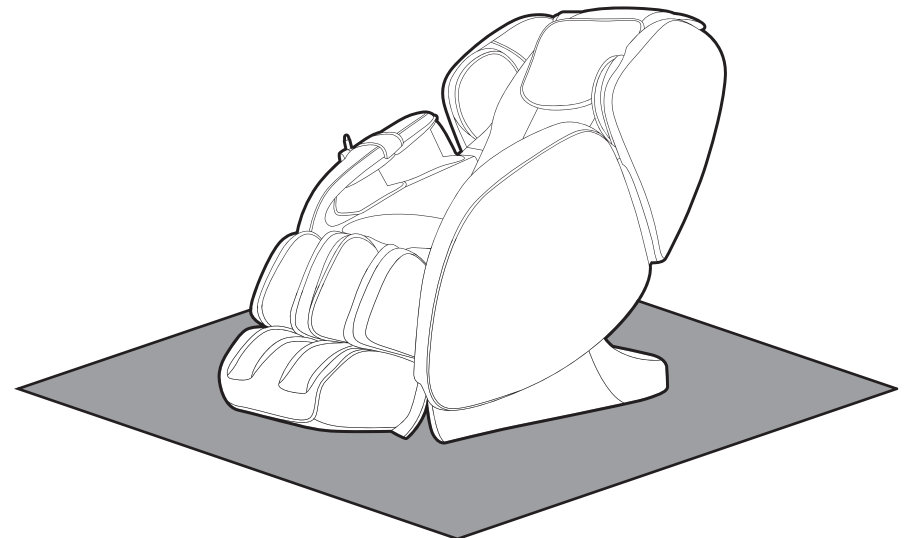


	Do not place your chair near any areas that may suffer from moisture or wetness.
	Avoid placing your chair in direct sunlight or near heating appliances.
	Always place your chair on an even and supported surface to avoid accidents and injuries.

Placing Your Massage Chair

Where to Place Your Chair

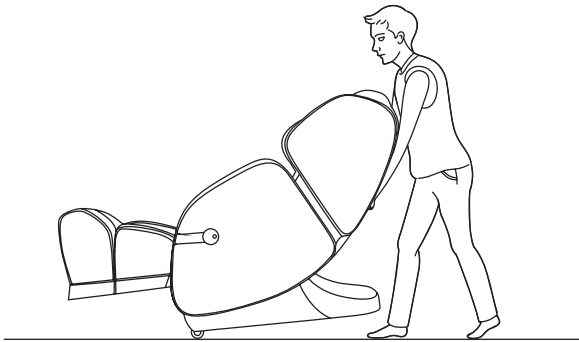
Moving or Placing the massage chair on a wood floor for a long time may damage your floor. Try to place the chair on a carpet, mat or any other type of flooring to avoid potential damage.



Moving The Chair

When the chair is plugged in, use the remote control to raise the leg rest to its highest point. Then **turn off** the chair using the power switch and unplug the remote and power wire.

Lift the chair using the grips in the back of the chair and push/pull using the wheels mounted to the front.



What to Do Before Using Your Chair:

- Monitor the power plug and source. Clean the plug and cord routinely to avoid dust buildup. Make sure the plug rests comfortably and protected between the power source and the chair. The cord should never sit under a heavy object or appear to have kinks, stretching or knots.
- Check the clearance by fully reclining your chair. Make sure there are no obstacles in your way such as pets, children or side tables.
- Place the chair away from walls. The chair should sit out at least 15 inches from the wall starting from the backrest.

Using the Remote Controller

Special Notes

1. To ensure effective operation, do not press two or more keys at the same time.
2. Seat yourself comfortably in the chair before turning on or selecting any massage program.
3. Do not spill liquids onto the remote. If the remote encounters liquids, please unplug it from the chair immediately.



Starting Your Massage

1. Make sure the chair is currently plugged into a power source and the **ON/OFF** switch located on the back of the chair is turned ON
2. Press the **Power Button** on the remote control to begin the massage.



Power Button

- Upon powering on the MC-1500, it will automatically begin scanning your body.

Button	Description	Display
	Up (Shoulder Position): Massage Rollers Up	
	Down (Shoulder Position): Massage Rollers Down	

- If there is a difference between the massage rollers and your actual shoulder position, you can adjust the rollers using the **Up and Down Buttons** on the remote. There are 10 different massage focus points available, the chair will run an automatic massage if there is no shoulder position chosen within 10 seconds.
- During the shoulder and massage point detection process, you can press any auto mode to start the massage.

Button	Description	Display
	Memory: Remembers current massage setting	Memory

- Press the memory button to cycle through all stored massage sessions (1, 2, 3)
- Press and **hold** the memory button to store the current massage settings to use for another time. You may store a maximum of 3.

Auto Massage Functions

Button	Description	Display
	Comfort: Loosen body physique.	F1 Auto
	Relax: Deep massage on acupressure points.	F2 Auto
	Full Body: Full body massage	F3 Auto
	Neck & Shoulder: Focus rollers on the neck/shoulder	F4 Auto
	Back & Waist: Focus rollers on the back/waist	F5 Auto
	Stretch: The footrest and backrest recline together, combined with calf air-compression to stretch legs.	F6 Auto

Upper Body Manual Massage

Button	Description	Display
	Shiatsu: Speed, Width	
	Kneading: Speed	
	Tapping: Speed, Width	
	Kneading & Tapping: Speed	
	Knocking: Speed, Width	

Upper Body Manual Massage (Cont.)

Button	Description	Display
	Speed: 3 adjustment levels	Speed
	Width: 3 adjustment levels	Width
	Mode 0: Massage rollers remain in one fixed location.	H0
	Mode 1: Rollers move up/down in a fixed area.	H1
	Mode 2: Rollers move up/down the entire back area.	H2
	Mode 3: Rollers move up/down near the shoulders	H3
	Mode 4: Rollers move up/down near the waist	H4
 	Massage Roller Adjust (Next to the Button): Adjust the location of the massage rollers.	

Foot Rollers and Manual Heat Function

Button	Description	Display
	Foot Roller: 3 adjustable speeds	
	Heating: Far-Infrared heat (Warms up in approx. 3 min)	

Air Pressure

Button	Description	Display
	Full: Air pressure massage on arm, calves and feet	Arm Feet
	Arm: Air pressure massage focused on the arms.	Arm
	Calf: Air pressure massage focused on the calves/feet	Feet
	Intensity: 3 Adjustable intensities	Arm Feet

Pause/Stop

Button	Description	Display
	Pause/Stop: Press this button once to pause your massage, and twice to reset the massage functions.	

Backrest and Footrest Adjustments

Button	Description
	Raise Footrest: Press and hold to slowly lift the footrest. Release the button when the footrest is at your desired angle, or if it reaches its maximum height. You will hear a beep when the footrest reaches its maximum height.
	Lower Footrest: Press and hold this button to slowly lower the footrest. Release the button once it achieves your desired angle. You will hear a beep once it reaches its original position.
	Raise Backrest: Press and hold this button to slowly raise the backrest. Release the button once it has reached your desired angle. You will hear a beep once it reaches its maximum recline.
	Lower Backrest: Press and hold this button to slowly lower the backrest. Release the button once it has reached your desired angle. You will hear a beep once it reaches its maximum angle.
	Zero-Gravity: Press this button to instantly enter zero-gravity mode

Cleaning and Maintenance

Cleaning Your Massage Chair

Your massage chair contains synthetic, plastic, and metal components. Routine cleaning with a dry microfiber cloth can help your massage chair look clean and shiny.

Only use a dry cloth to clean the product's control panel.

Cleaning the Synthetic Surfaces:

Your MC-1500 has synthetic upholstery. You can clean these surfaces with a damp cloth and neutral detergent if necessary.

Special Notes:

- Before cleaning your massage chair, confirm that your chair is in the "OFF" position and unplug from the wall socket.
- Never use a damp cloth to clean the control panel.
- Keep your chair away from heat, fire, or exposure to direct sunlight.
- Never clean your chair with organic solvent or bleach. Only use a neutral detergent solution on the components of the MC-1500.
- Never submerge your chair in water or saturate it with liquid. This poses a risk of electrocution or fire.

Troubleshooting

If you experience difficulties while using your chair, refer to this section of the operation manual. Contact truMedic® if this section does not address the problem you experience.

Problem	Solution
My massage chair isn't operating when I select a program.	Ensure the chair is fully plugged in.
	Check to make sure the power switch is in the "ON" position on the bottom right side of the chair.
	Choose a mode on the control panel.
	The chair has a burned out fuse. Replace it with the appropriate fuse.
My massage chair makes a lot of noise during operation.	The problem lies within an inner circuit. Contact truMedic® customer service at service@truMedic.com .
	You are likely hearing the noise from the motor and other mechanical parts. Some noise is normal.
My massage stopped unexpectedly during a session.	The massage cycle of 20 minutes may have ended.
	You may have been using your chair for too long. Wait 30 minutes before selecting another cycle.
	There is a mechanical problem. Contact service@truMedic.com for further assistance.
The electrical wire is hot to the touch.	This may occur from overuse. Allow your chair to rest for 30 minutes and try again.



If you notice any signs of overheating, turn off your unit and unplug immediately. Contact an authorized maintenance professional for more information.

This troubleshooting guide provides examples of common issues but is not a comprehensive resource. Should you experience issues with your chair, discontinue use and contact truMedic® at [888-264-1766](tel:888-264-1766) or service@truMedic.com.

NOTE:

- For repairs, please contact the distributor or after sales service. For more information, refer to your enclosed warranty card.
- Any questions directed to customer service may be recorded for training purposes.
- The instructions of specifications of this product may change without notice.
- Should your chair need repair, customer service can help you find a qualified repair center.

Warranty Information

TWO (2) YEAR LIMITED WARRANTY

truMedic® warrants this truMedic® Massage Chair against defects in materials and/or workmanship under normal use for a period of TWO (2) YEAR from the date of purchase by the original purchaser ("Warranty Period"). Normal use is defined as use by an end-user in a residential location. If a defect arises and a valid claim is received within the Warranty Period, at its option, truMedic® will either 1) repair the defect at no charge, using new or refurbished replacement parts, or 2) replace the truMedic® Massage Chair with a new or refurbished truMedic® Massage Chair OR 3) provide a credit in the amount of the purchase price of the original product. A replacement product or part, including a user-installable part installed in accordance with instructions provided by truMedic®, will be covered for the remaining warranty period of the original product. When a product or part is exchanged, any replacement item becomes your property and the replaced item becomes truMedic® property. When a credit is given, the original product must be returned to truMedic® and becomes truMedic® property.

Obtaining Service: To obtain warranty service, call the truMedic® Warranty Service at 888-264-1766 or contact the company via email at service@truMedic.com. Please be prepared to describe the truMedic® Massage Chair model that needs service and the nature of the problem. Proof of purchase is required. All repairs and replacements must be authorized in advance. Service options, parts availability and response times will vary.

Limits and Exclusions: Coverage under this Warranty is limited to the United States of America, excluding the U.S. Territories of Guam, Puerto Rico, and the U.S. Virgin Islands and including Canada. This Warranty applies only to products manufactured by truMedic® that can be identified by the "truMedic®" trademark, trade name, or logo affixed to them or their packaging. The Warranty does not apply to any non-truMedic® products. truMedic®, in so far as permitted by law, provides these products "as is." This warranty does not apply to: a) damage caused by failure to follow instructions relating to product's use or the installation of components; b) damage caused by accident, abuse, misuse, fire, floods, earthquake or other external causes; c) damage caused by service performed by anyone who is not a representative of truMedic®; d) accessories used in conjunction with a covered product; e) a product or part that has

been modified to alter functionality or capability; f) items intended to be periodically replaced by the purchaser during the normal life of the product including, without limitation, batteries or light bulbs; g) any product sold "as is" including, without limitation, floor demonstration models and refurbished items; or h) a product that is used commercially or for a commercial purpose.

TRUMEDIC® SHALL NOT BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT, OR ARISING OUT OF ANY BREACH OF THIS WARRANTY. TO THE EXTENT PERMITTED BY APPLICABLE LAW, TRUMEDIC® DISCLAIMS ANY AND ALL STATUTORY OR IMPLIED WARRANTIES, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS. IF TRUMEDIC® CANNOT LAWFULLY DISCLAIM STATUTORY OR IMPLIED WARRANTIES, THEN TO THE EXTENT PERMITTED BY LAW, ALL SUCH WARRANTIES SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS EXPRESS WARRANTY. Some states disallow the exclusion or limitation of incidental or consequential damages or how long an implied warranty lasts, so the above exclusions or limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights, which vary from state to state.

Product Specifications

Name	MC-1500 Massage Chair
Rated Time	20 minutes
Rated Voltage	AC110-120V~ 60Hz
	AC220-240V~ 50-60Hz
Power	150W
Weight	198.4 lbs
Packaging Size (L×W×H)	58.2 × 29.9 × 33.2 in



TRUCORE DISTRIBUTORS, INC.

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E-MAIL service@truMedic.com

WEBSITE www.truMedic.com